

Our Sick and Shut-In

David Bunch (Home)
Bertie Cooper-Howard (Home)
Mary Johnson Dublin (Home)
Shanda C. Fletcher (Tower Rehab)
Rossano Charles Gardner
Sister Vennie Hall
John Holden (Oliver House)
Yvonne Holden (Home)
Dexter Hunter (Home)
Geneive Jiles (Home)
Ronzie Lewis (Home)
Deacon Billy Perry (Home)
Mary Emma Robertson
Colleen Thorpe (Home)
Eloise Upchurch

Remember our Sick & Shut-In
with Prayer,
Visitation, phone calls

This week at Riley Hill

Monday, November 1st

Pray for our Children

Tuesday, November 2nd

Pray for our Caregivers

Wednesday, November 3rd

7:00PM–Bible Study Live on FB

Thursday, November 4th

7:00PM–GriefShare Session Virtually on Zoom

Friday, November 5th

Pray for our Nation

Saturday, November 6th

Pray for our Essential Workers
and First Responders

Reaching Out to The Community



DIVORCE *Care*

For more information
call 919-365-5277 option 9 or email
divorceministry@rileyhillbaptistchurch.org

GRIEF  SHARE

GriefShare, a weekly, video-based support and discussion group, designed to encourage hope, help and healing sponsored by Riley Hill Baptist Church will begin its next cycle of sessions virtually using Zoom on Thursdays from 7:00 to 8:30 pm, September 2 to December 2, 2021. The group is open to anyone dealing with the passing of a loved one. We ask that you call or email to register at least the week before the session. Please contact the church at 919-365-5277 or email griefshare@rileyhillbaptistchurch.org to register and/or for more information.

"Face Book Live streaming will start at 10:00am."

Alfonza W. Fullwood, Pastor

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(Email) rhbc@rileyhillbaptistchurch.org

“From the RHBC Health Ministry”

November is National Diabetes
Awareness Month



The month of November is a reminder for one to take personal responsibility towards better health, with a focus on Diabetes Awareness. African Americans are 60% more likely than non Hispanic white adults to be diagnosis with Type II Diabetes; 3.5 times to be diagnosed with end stage kidney disease; 2.3 times more likely to be hospitalized for amputations & twice as likely to die from diabetes. Much of the risk for Diabetes among the African American population can be modified by making healthy life style changes with regular checkups, weight control, regular exercise programs, & improved nutrition. During this pandemic, it is important to continue to keep all medical appointments; remembering to be safe & continuing to follow the CDC guidelines.

References: Journal of AMA, WebMD Health News, Office of Minority Health & CDC guidelines

10:00 AM WORSHIP SERVICE OCTOBER 31, 2021

Call to Worship
Adam Cummings

Praise & Worship

Prayer
Minister Ola Patterson

Scripture
Adam Cummings

Sermonic Selection

Sermon
Pastor Alfonza W. Fullwood

Invitation

Offering

Closing



"A one session **Surviving the Holidays** GriefShare, via Zoom, will be held **Nov 16, 2021**, at 7:00pm. If you have experienced the loss of a loved one, this session is for you at no cost. Register, as your intention to attend, by emailing griefshare@rileyhillbaptistchurch.org or calling 919-365-5277 ext 8."